



Board of Directors 2021

Deborah Carhart, President

- Former Executive Director of CAP-21
- Retired CEO of IA Systems, a software development company in Albany NY
- Active community volunteer, including Board Member of View in Old Forge, the Central Adirondack Association, Kiwanis of the Central Adirondacks and Adirondack Economic Development Corp.

Will Basile, Vice President

- Sr. Director Actuarial, Optum/United Health Group
- President, Alces Health Insurance Consulting
- Former Sr. Director Specialty Underwriting, Magellan Rx
- Former VP Informatics, Independent Health Association
- Former Director Actuarial, Blue Cross Blue Shield of Western NY
- Former Board Member of Erie Community College Foundation

Kathy Whitehead, Secretary

- Family Nurse Practitioner
- Board certification: American Academy of Nurse Practitioners
- Retired; Upstate University Hospital - Oncology and Medicine Service, Manager Employee Student Health
- Otter Lake Fire Department Auxiliary, EMS Captain, EMT
- Board Member Woodgate Free Library

Sandy Booton, Treasurer

- Vice President/Branch Manager Adirondack Bank
- Board Member of Central Adirondack Association
- Former Co-Chair Snofest, Central Adirondack Association
- Board Member Fulton Chain of Lakes Performing Arts Council
- Board Member of View, Events Committee Chair, Finance Committee Member

Kate Cominsky

- National Director of Not-For-Profit & Higher Education Strategies & Solutions, Cathedral Corporation
- Campaign Finance & Event Chairperson, Richard Hanna for Congress
- Adjunct Professor, Utica College, founded by Syracuse University
- Board of Trustees, member, Mohawk Valley Hospital System, St. Elizabeth's Hospital & St. Luke's Memorial Hospital, Ethics & Governance Committee, Patient Quality Care Committee, Visiting Nurse Association Board Representative
- Foundation committee, Charles T. Sitrin Health Care Center
- Jewish Federation of the Mohawk Valley

Page Hannah

- Special Education Teacher, Town of Webb Union Free School District
- Town of Webb Teacher's Association Vice President
- Active board member, Kinderwood Pre-School, former Board President
- Active Member Adirondack League Club Community Fund
- Little Moose Acres Property Owners Association, Secretary
- Former Board member of The Arts Guild of Old Forge, Inc
- Former Soper Point Homeowners Association, Treasurer
- Former member of Northwoods Women's Club
- Co-Owner of Hannah Contracting, Inc.

Carolyn Trimbach

- Retired, NYS Office of Children and Family, Child Care Licensing Representative
- Past Lt. Governor, Central Division, NY District Kiwanis
- Past President, Central Adirondack Kiwanis Club, Old Forge
- Member, Herkimer County Office of the Aging Advisory Council
- Community Transportation Services volunteer driver
- SHARP volunteer
- Member: Central Adirondack Kiwanis, Old Forge, NY
- Member: Central Mohawk Valley Kiwanis, Mohawk, NY
- Past Board Member, TOW Health Center Fund, Inc.
- Past Director of Kinderwood Pre-School Program

Mark Mayer

- Owner/Innkeeper - Big Moose Inn & Restaurant
- Regional Vice President - HPN Global, Consultant
- Former Board Member CAA
- Member, Big Moose Fire Company

Dr. Tony Lister, DDS

- Operating Dental Office in Old Forge, NY, 2017 – Present
- Residency at Roswell Park Cancer Hospital in 2007
- University at Buffalo School of Dental Medicine in 2006
- Former Director of Residency Program at Rochester General Hospital
- Former Director of Residency Program at Roswell Park Cancer Institute

Britta Hennessy

- Owner/Operator of Great Pines Resort Old Forge
- Active Board Member for Kinderwood Pre-School
- Active Board Member for Inlet Area Business Association

Jeanie West

- Retired RN, BSN from The Reading Hospital Medical Center/Tower Health, Reading, PA
- Former Board Member (17 yrs), Spring Ridge Homeowners Association, Reading, PA
- Volunteer and Board Member, View Arts
- Volunteer, Town of Webb School District

Dr. Julie Perlanski, MD

- Family Physician MVHS TOW Medical Office
- McMaster University Medical School, Ontario, Canada
- Fellowship in Integrative Medicine, University of Arizona - 2005
- Institute for Functional Medicine Certified Practitioner - 2013
- Former Board Member YMCA Little Falls, NY
- Former Board Member Herkimer County Health Net
- Founding Member Collaborative Healing Little Falls, NY providing Health education to the community

Antoinette Rudd

- BA Education, Utica College
- MA Vocational Education, SUNY Poly
- Certification of Advance Study, School Administration, SUNY Cortland
- Whitesboro High School, Marcy, NY - Chair of Business Ed Dept.
- Co-Owner ADK Little Cabin Rentals and Country Collage

Ex Officios:

- Sarah Beck
 - Senior student at Town of Webb UFSD
 - Student Representative for CAP-21 School Years 2019/2020 & 2020/2021
- TJ Entwistle, Town of Forestport, Supervisor
- David Berkstresser, Town of Webb, Supervisor
- John Frey, Town of Inlet, Supervisor
- Clay Arsenault, Town of Long Lake, Supervisor
- Brian Wells, Town of Indian Lake, Supervisor